Rooted Conversation

PRAYER JOURNAL — A guided space to reflect, pray, and grow

Growth begins at the root.

This journal is a quiet, guided space to slow down, talk with God, and notice how He is moving in your life. Take your time. There is no right way to do this — only an open heart.

Today's Date: _____

Scripture I'm sitting with today:

_____

_____

What is on my heart today?

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Where do I need encouragement?

_____

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_____

My Prayer

Gratitude — three things I'm thankful for:

1. _____

2. _____

3. _____

How is God showing up for me today?